

FACTS ON HAND

FOLLOW THE PLAYBOOK

FOR DISCUSSING DUPUYTREN'S CONTRACTURE



When talking with your hand specialist about Dupuytren's contracture, it's good to have a game plan. These questions and follow-ups can help guide your discussion.

▶ **Can my Dupuytren's contracture get worse?**

As my Dupuytren's contracture worsens, will it become harder to treat?

▶ **What are my treatment options?**

▶ **What are the differences in recovery time for my treatment options?**

▶ **Do you offer both surgical and nonsurgical treatments for Dupuytren's contracture?**

Do others in your practice?

Where is each treatment performed?

IF YOU HAVE YET TO SCHEDULE AN APPOINTMENT WITH A HAND SPECIALIST, DON'T WAIT—SCHEDULE AN APPOINTMENT TODAY.

FindaHandSpecialist.com

DUPUYTREN'S CONTRACTURE MAY AFFECT YOUR ABILITY TO PERFORM CERTAIN TASKS.

Circle the activities that have become more challenging for you, and be sure to speak with your hand specialist about them.



Getting things out of your pocket/wallet



Typing on a keyboard



Carrying items



Using tools



Washing your hair/face



Texting



Shaking hands



Opening jars



Putting on gloves

Other: _____

